

I believe there are two kinds of people. People who think and People who feel. I fall under the 2nd category. I feel. I grew up in Mumbai and for the last 13 years settled down in Pune. My career started at a very early age. People might find it cliché if I were to say I had a dream one day and the dream inspired me to give back to the society. But the fact remains, I love exploring the human mind and understanding how every individual reacts and handles situations.

Life is like the river. It's always changing and always moving. Some people don't want to change, but the reality of life is that they are changing, just not in a way that they control. If one chooses to resist developing themselves, their skills will atrophy, their attitude will become more negative and they will become less useful to the world. One may think that you're not changing, but everyone else will notice the difference. We all have a choice! We can take action to control the change that we experience, or we can become a victim of the situation that is changing us. Tava-Mitram! A dream I had a couple of years back to help change lives. A dream that blossomed and I have since kept it nourished and nurtured and now, after 24 months I see my team of "8 Mentor Mithras" taking their first step forward along with me to bring about a change in people's lives. When it comes to mentors, there are so many things one can learn— these lessons are just the tip of an iceberg. The trick is in getting those relationships started.

My journey as an unconventional Coach/Counsellor/Mentor brings the best version of me to life and work – but also in service of humanity as a whole. I am willing to express both my greatest strengths and weakest vulnerability and this enables me to witness this in others. In so doing I learn to accept my unashamed wholeness and creative originality. Becoming a mentor is for me a self-fulfilling prophecy, a great act of service, and a realization of the human being we were born to become.

My life feels more meaningful when I have my clients tell me how their lives have changed. When I see my client walk out confident and smiling bright it brings me immense joy and happiness. My life takes a turning point every time I deal with an individual and they come back to me to tell me how our relationship as a mentor mentee has helped them. There are so many instances that are so close to my heart that has given me a new meaning to what I do. I wouldn't want to relive just one or two and say this is what made me who I am! Every relationship in my journey has been a milestone achieved.

"When you doubt your power, your doubt gets the power" said Krishna Bhagvan to Arjuna. Tava Mitram is an essence to help people realize their dreams are meant to be a reality.